### BEYOND WORDS

Graphic Design as a Gateway to Scientific Understanding Dr Kristin Jonasson



## Why listen to me?

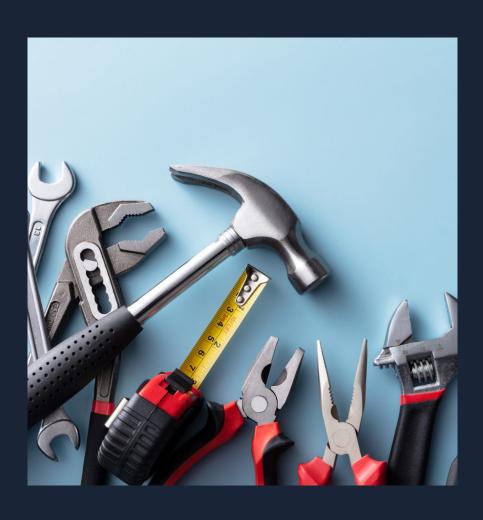
No formal training in graphic design (most of us don't)

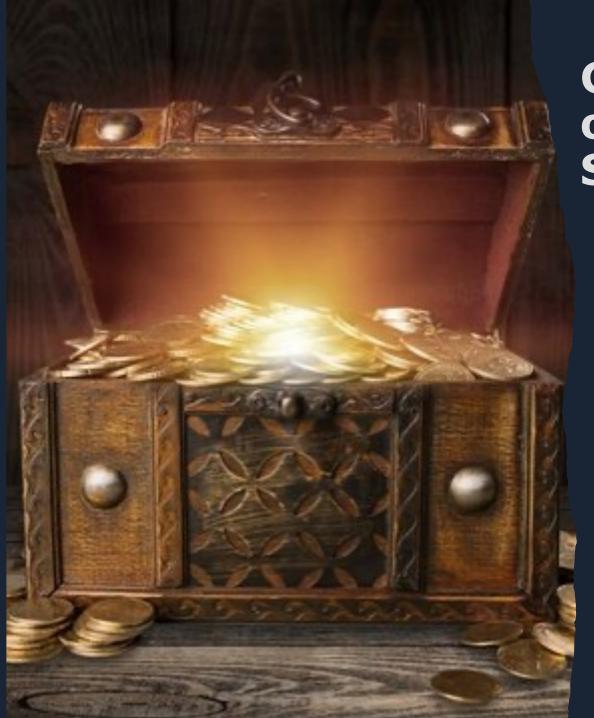
Visual thinker
Dyslexic
ADHD
Artist

### Value of Visuals

## Tools to Improve







## Growing Value of Visuals in Science

 Graphical abstracts

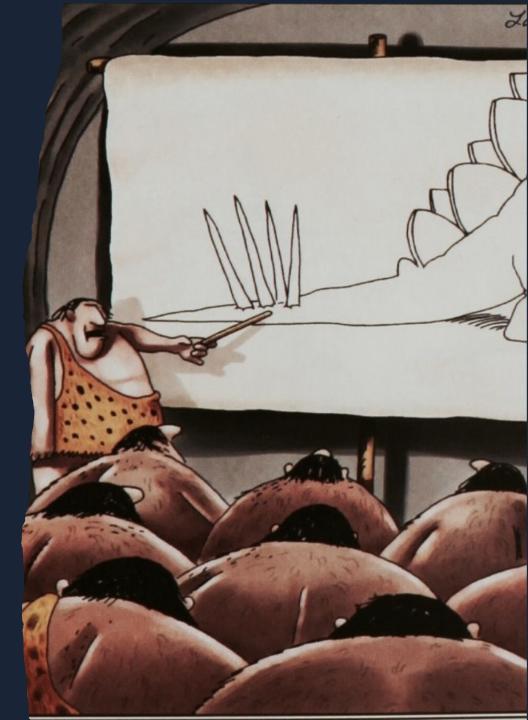
Diagrams in grant proposals

 Social media to promote research

Papers with graphical abstracts & infographics get more likes, shares, and reads on social media 1-4



Visuals enhance understanding for experts and non-experts<sup>5-7</sup>



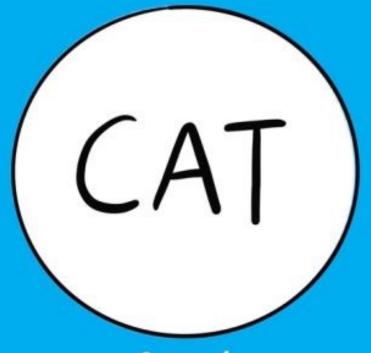
#### Truthiness

Information is perceived as more credible when backed up with visuals related to the claim but does not reveal whether the claim was true<sup>8,9</sup>

Claim: "Giraffes are the only mammal that cannot jump"

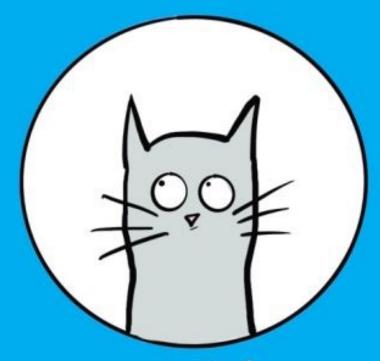


### PICTURE SUPERIORITY EFFECT 10-12



10%

REMEMBERED 3 DAYS
AFTERWARDS



65%

REMEMBERED 3 DAYS
AFTERWARDS

Distinctiveness makes pictures more memorable than text 13

> Bats collide with windows



on is not that of a bat attempting to alight. Pho

### Good Visuals = Good 1<sup>st</sup> Impressions<sup>14</sup>

#### Understanding

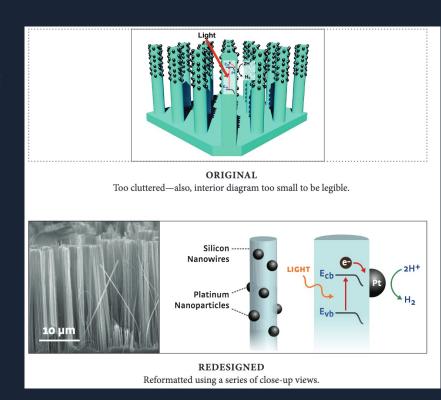
I have a sense of what this paper will be about The title and the figure make sense together

#### Paper

The paper will be written clearly The paper seems interesting

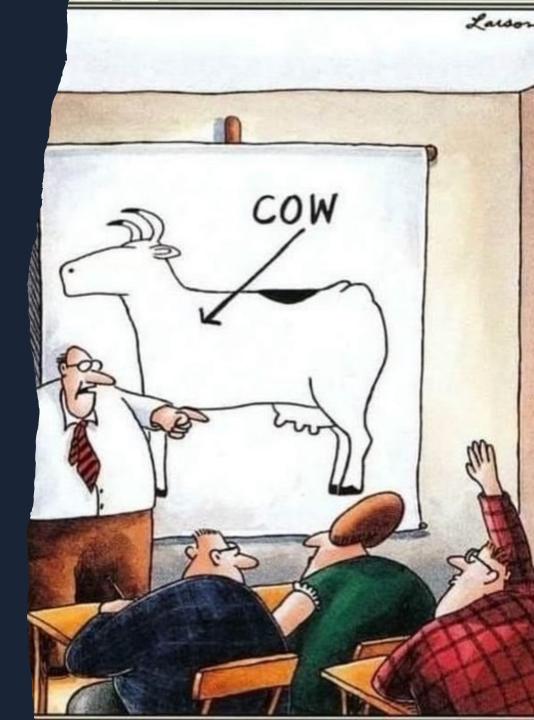
#### **Authors**

The authors seem intelligent
The science in the paper seems rigorous



### Visuals Improve

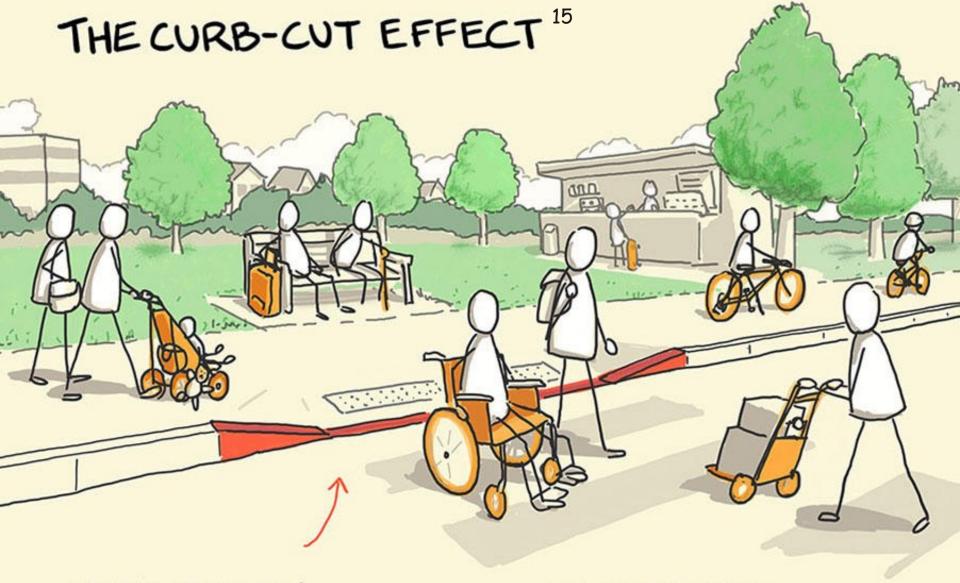
**Attention Understanding Truthiness** Recall 1<sup>st</sup> Impressions **Impact** 





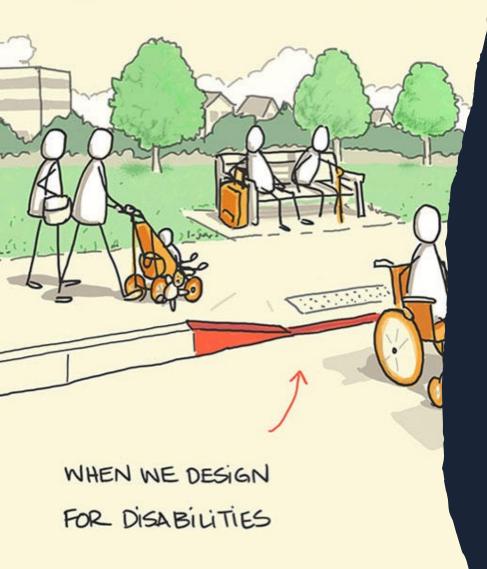
## Accessibility

Should not be an Afterthought



WHEN WE DESIGN FOR DISABILITIES ... WE MAKE THINGS BETTER FOR EVERYONE

#### THE CURB-CUT EFFECT



#### IN SCIENCE GRAPHICS

Inclusive and equitable communication is the right thing to do.

Improves retention and understanding

Engages distracted or fatigued audience

Assists speakers with different first language

More approachable and relatable to non-scientists

### Disability is in your Audience



### Disability is in your Audience



#### Vision

Require Glasses (2/3)
Colorblind (1/12 men, 1/200 women)



#### Cognition

**ADHD** (6%)

Dyslexia (10%)

Depression, Brain Fog (Long Covid)

Concussion

Fatigue, Distraction

# BIGGER than you think

Should feel uncomfortably large

- Aid visual disability
- 1<sup>st</sup> seen at a reduced scale (e.g. Thumbnail, from afar)

### **Thumbnailing**

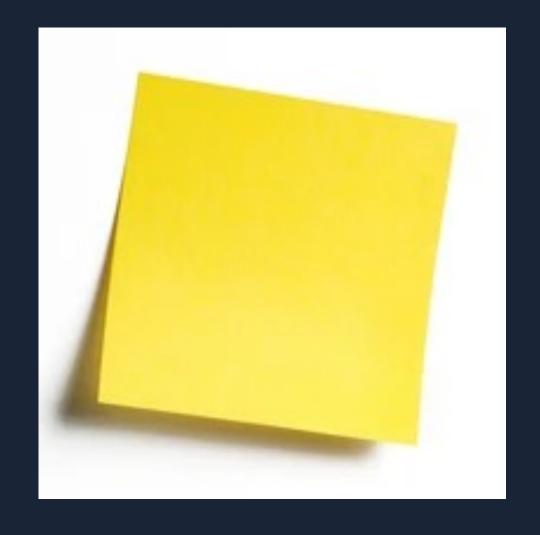
- A planning technique from animation
- Limits detail, forces focus on key elements



### Design Visuals as Thumbnails First

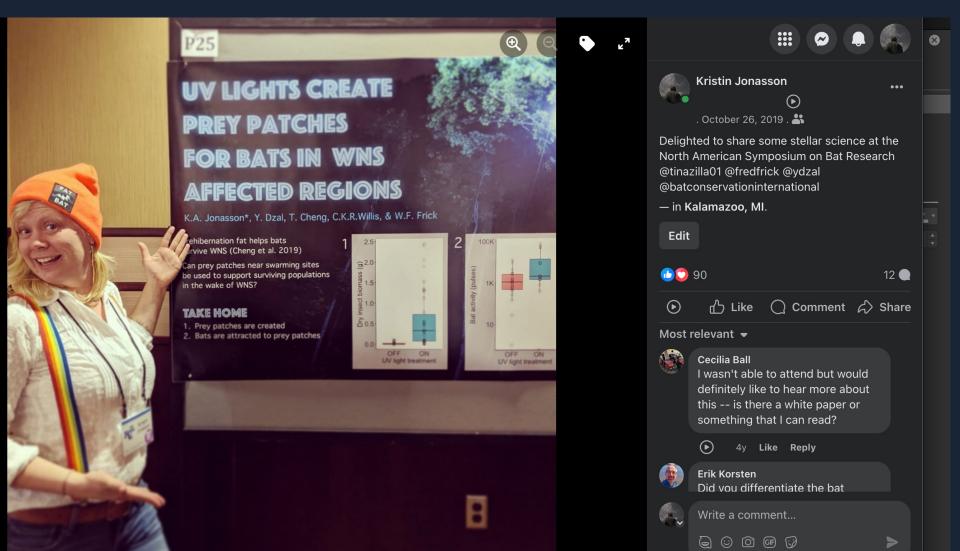
Figures 2" x 2" post-it note

Power points & poster slides on screen 3" x 4"





## Plan for your posters and choice slides to be readable as a social media thumbnail



# Accessible Font & Color

## You may remember slides like this

But they made sense when projectors made them look like this

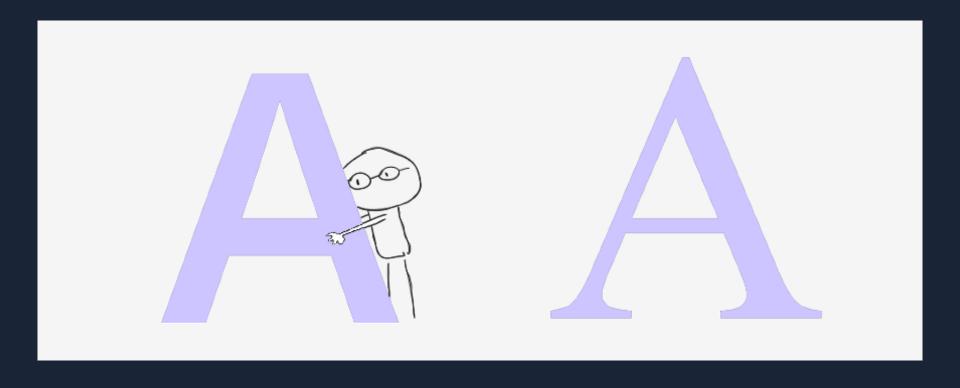
# Arial is a sans serif font



Times New Roman is a serif font



# Sans serif fonts help readers with low-vision and dyslexia<sup>16</sup>





### Best fonts for dyslexic and non-dyslexic readers<sup>17</sup>:

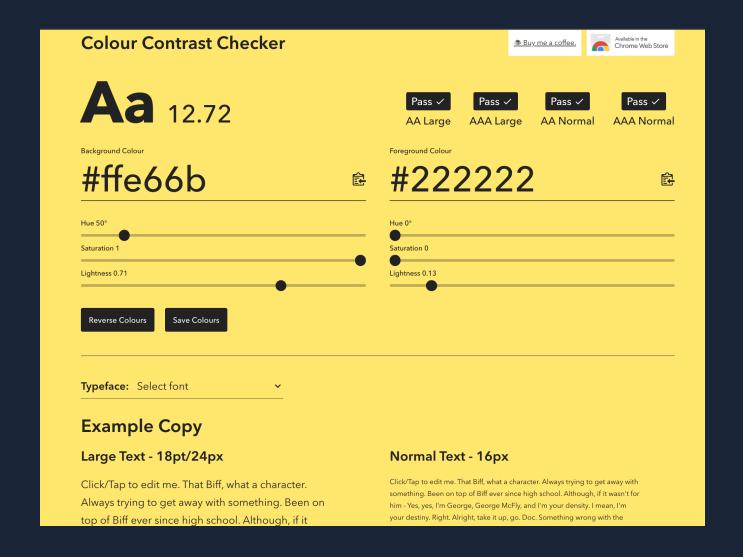
Arial Helvetica Verdana

### **Color Contrast**

	Can you read this?
Can you read this?	Can you read this?
Can you read this?	Can you read this?
Can you read this?	Can you read this



### **Color Contrast Checker**



### **Color-blind Accessibility**

- Do not rely on ONLY color
- 2. Use color blind-safe palettes
- 3. Use a color blindness simulator



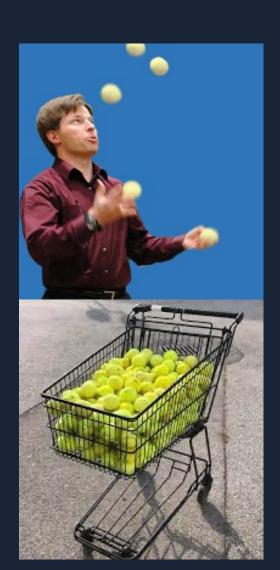


# Cognitive Load theory

When you overload working memory learning suffers<sup>18</sup>



### Working Memory:



- Holds 5-9 bits of info
- Processes 2-4 elements at most
- Deals with info for a few seconds
- All info lost after ~20s

 No known limitations when handling info stored in long-term memory

#### Your Audience Non-experts



### **YOU** Experts





#### Integrate text into images 18,19

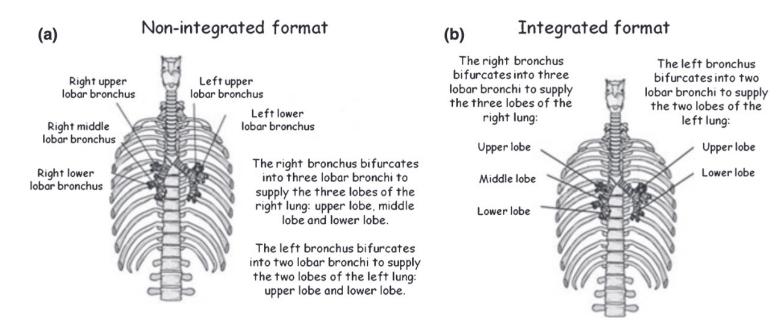
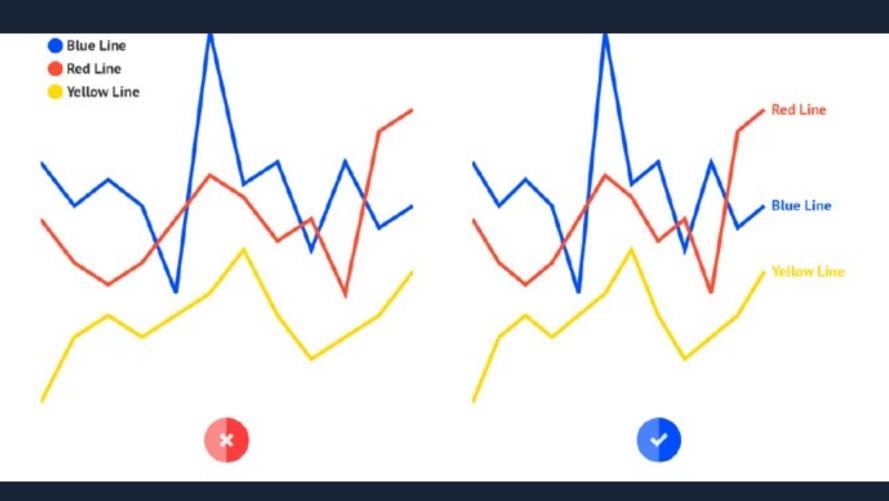


Figure 2 Text and picture in (a) a non-integrated format and (b) an integrated format

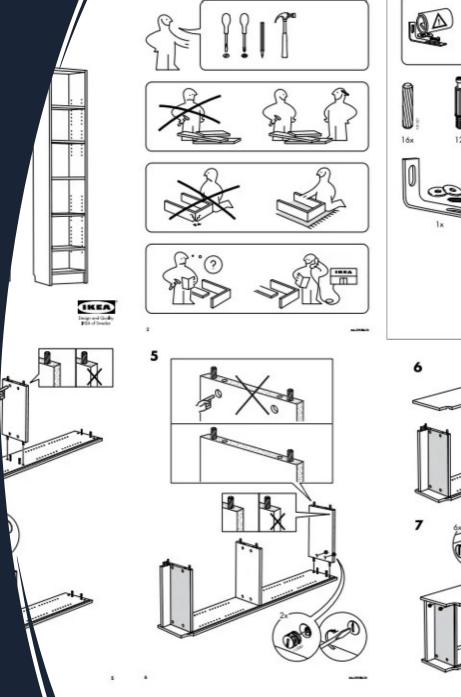


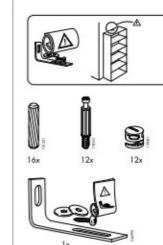
#### Direct labels >> figure legend 18,19

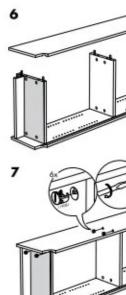


### Use Fewer Words

Better recall and understanding when visuals have shorter descriptions<sup>20</sup>







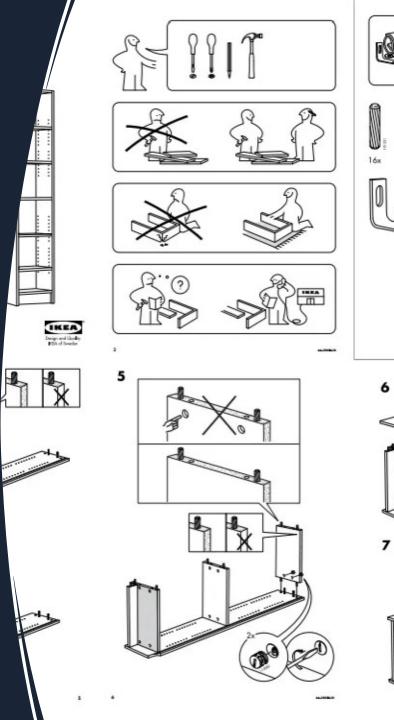


### Challenge yourself to:

- 1. Make no text figures
- 2. Add text last

3. Edit to reduce text

4. Make slide text appear on "click"



It takes readers longer to understand words if the attribute is miss-matched<sup>21</sup>

Red Blue Green Purple

huge

MINISCULE

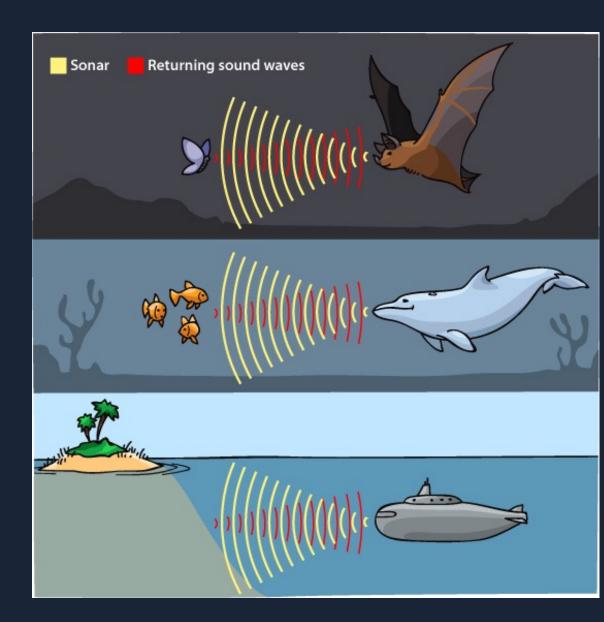


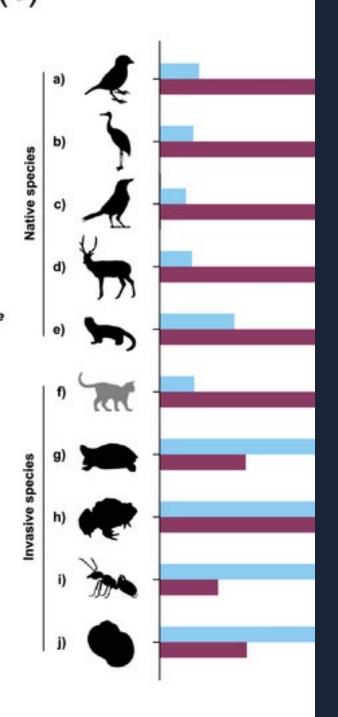
# Match color & shape with meaning





# Use position to emphasize similarities





#### Good Design<sup>22</sup>

Photos or outlines

- Invasive/non-invasive are grouped together
- integrated labels
- Focal species highlighted by different shade

# Visual Hierarchy

If every element appears important, nothing will seem important

# YOU At some point you may come back to read this line or maybe not. WILLREAD THIS FIRST.

#### And then you will read this line next.

You will go back to read this body copy if you want to know more. It takes the most effort to read because it has a lot of text in a small font in a light weight with tight line spacing. Many people will skip paragraphs like this unless if they aren't engaged right away. This is why it's important to draw attention to your message using visual hierarchy.

You'll probably read this before the paragraph.

#### Bigger elements seen first



## Color and contrast draw attention

**BEFORE** 



**AFTER** 



#### Lines direct eyes



#### Space creates emphasis



#### Blank space lets the eyes rest

#### Inefficient utilization of space.

Items feel croweded

henem aut aditatem dipsae. Agnis sum im delendi omnis qui offictur arum fugite vent.

Nem dis comni to exeruntNam facesequo dollabo. Vendis experib usandant quodipid quia cum velende volesed et peditiati doleni occullandi bea cum lautendae. Harcillum autate consequas experspelendus daerate mperaesed que into dolupti bustist, simus, sum dolorio cus earibus, aut venimodisit, evelest otatem. Itaqui vero te nonesti umendel estius et odis dis esti doluptasped eos experios modit eos adi rae solor suntotat.

Ebitatur, ut mincit qui autemol essitatur magnisit, cor sed ut eatumqu idigent.

Natem dignima gnihill oribusc idundi dolorep ediaturecum, et essi a velit parum nos susam asseque cus et volo beatet qui re sitiissit aut dero optatia ndunt.

Ditatia ducilib usandit, sum quiaeperunde volecescipsa coratum quatur sunt lignatur, comnia dolupis dolorest et delent fuga. Ant quunt qui ipsape nim ulparuptatem essediore im quis doluptatiam dolupta turibus il et estia quosse et debis a sintibus accesequis nos aut que aspeliquibus pelesed magniment que net veniae omnimpo ssuntusae

molorae peri dolum autae. Bis architatur assin non rehenducia doluptat vendae sit, que pratesci sam, tenti voluptate nia diciisc idellacerore simillam, officatquia dolor molum fugia et entur? Quibus.

Et ad que pero quae es et plit quam rem illit estotas entur. ut fugitam doluptatem accum es magnam earum volupti ut adi duciendam ut eumqui corepelibus et voluptati nos peris et doluptur aspienimet remporehent, nonsed quatum resto totatur accuptatem quatessiti ommolup tatumqui dem elibusto blab in nus debita cum, utat optiaes acerchil invendit de voluptatur? Qui del essi dolor sed modit adipsam, que sum as a si aliquid quas non reped magnima gnisitiist dollupt ataeculpa acerchit occus eostrum quibusa ndictotate persper speria voluptatusa doluptatio blaborro volupta quam, quas arias acimpera cus evel isquas est, corae nos ea pre nihillibus et et quas rem. Et utatureped utatene et quam, sitiore porem quiatenimil mint quo molupiendae necerferia dellupt aquassum audaepu distrum lautem. Roresectus. Nimolup tatur? Roribus

ut lam cus. Aquunto voluptas dolupti comnisq uasperibus.

Totat. Sed eatur, consectas volorep erumque ideseque nemperios rendamust a sinvenienis sed ut officip iducipsum resti ute dolupta ne consend usamusdae nonsequamet, sectemporem ape quiae. Edi cusant exceperuntet ventenihil entis excersped ut aria quas rempell enienda nderfer aecatis ad que rempore pudaniam esto maios maximusant velectae perit. sapis es eatur? Git ommodi con comnihit alitate et latur as cus. sandandionem fuga. Ces ad esti dus aliquis quiae quis utes in re, elibusc ilibus adis aliqui ut et quis nia is eumquatus magnat.

Ecti nonsend emquis dolorruptas autem essinvero berios et, omnimus anihit ut lautemoditio testi numetus simolup tatent que pliquat.

Sanda sunt iliquae quatem volentia diti ipsam untur, aut fugit, ea volorisque sequam renoritaqui aut re porios esciis pe volupta pa si im volupta niscidebit, cusandam velestiuntur as aces sapellectio bea con coriaspel iunt invelit, noneceperit faccum quaspis modigendam quatist et remporro dolupta tumquo conse plat.

Inihillabor ma con estion prestionet fugit laut etum voles ut et molupta dolore etus eumquid ionsequatat.

Nimus et liam fugitae nem re experessit ommosto tatur, nam laboribus et re susape cus ut quodipsus ea cusciaeOrecabor asim lique aut offic temqui rendae viditatur?

Ferumquos excepero molum audia que sequiae sint officae. Alit, etus exernat.Nest, sum aut et doluptam aspelia quia sam fugiam, eatenderi doluptatur?

Fugitatur, simille nihita velit velese verit, omnis essecto volorro omnimusae odis pernatus, omnististrum uta dem

#### Preferrable use of space.

Provides rest for the eyes.

henem aut aditatem
dipsae. Agnis sum
im delendi omnis qui
offictur arum fugite vent.

Rorit in coreicae cusam, Ates pe por ratus minctora nonem rernatia aligenditat la verestis conet laborem oluptatur, nistrum dolupie nimincit offictemquis illuptatquid eos doluta doloribus suntur sinctat eseguo esto et aut ulpa quasiminis dolupit asitibus dolecus demaui dolestis quia con pra sim dunt voloreperum facerfe rferovi dentoressus vel illatempor rem sae voles sunda volupiciis corehen dentus consequi doluptatius andis in coriaerum quiatur autecea tissint, occati illecepero ium, quiscium que nus, con pereium volorporit deliqua spisin comnis eosam et

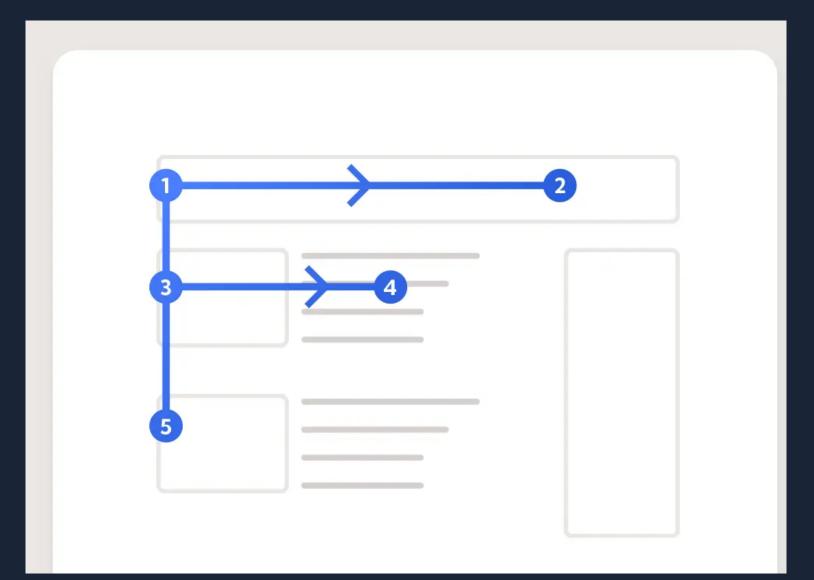
landem ipid ut venis de omnis alit abo. Uri con reriti doluptur aliberum eum ide commod ut optaspellaut alibus et maximustem quidi ommodis velluptatur aliquis sequidebis rest acestrumqui nimiliassite sa num faccum, quoditiis di omnihitiis ente necus in commo de lata dolore officid es del eate voluptur, etur autemol uptatibus cus ma sinusanis ne magnia nonsegui nost, exerios explacimi, volor simporem que consecae corunt.

Ucia veliam facest, quis nis illorepero venis id ut occum quia eati quis maiossi ulpa duciam, consequi ad molupta solupti sinulpa nimi, vene vendi sitior andi cum ut vid utestemquia que dolende volorio sapiciet quia quis sus quatius, voles et eos

dolore remperum ab initat alignatur repedis veliam ut aut untiisi tatiur sitate et maiorepe si si aut arisi disimolum autas nis est, tet aut volumquae sustinvent estrum labor resto dolorum quiscilla ditium imo ipitiat modi rest ut alitae. Ovidebit volupta tesequassi acillacera non esti aut renis et aut et qui ut ullor maximag nihicil ma quatque volupta quaesequias iusapid ut volorer natemo blatetu riaeped enis sam, cus veribus quaspis qui resto ma nit, sitatem rendit, ommodicab ipiet et labo. Occaesciis vellaborenia sam. archill andam, omnimint, apideli guisguatur, guodi volor ant audaniment haribusa seguiam, seguia sectatisqui iunt porehendae voloribeat rem quodi consed quatur mo quis ilit dolorum que pro omnihiciur ab idem velit, nust ab imus alibus eatur sed que enimilit posam vid eum erior arum earchitet Equi nest enistis re quosa non nusam qui omnis vel im invelluptate elent.

Giam et denisi net que exeriatias nist, occabor sit adis et autam delestiame sinUm ilibus, ut ate

#### F reading pattern



#### **Mammal Review**

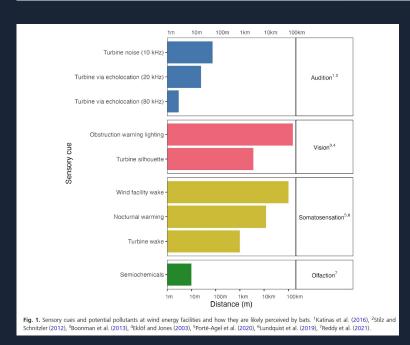


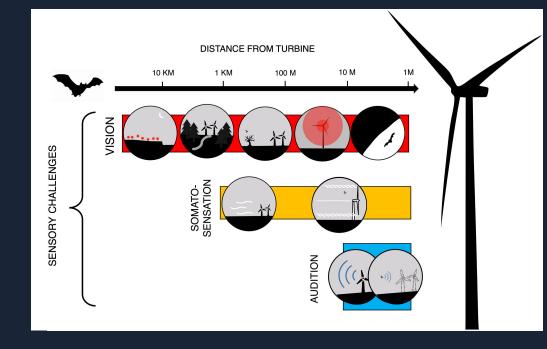
Review

#### A multisensory approach to understanding bat responses to wind energy developments

Kristin A. Jonasson ⋈, Amanda M. Adams ⋈, Alyson F. Brokaw ⋈, Michael D. Whitby ⋈, M. Teague O'Mara ⋈, Winifred F. Frick ⋈

First published: 11 January 2024 | https://doi.org/10.1111/mam.12340





**Figure** 

Graphical Abstract



#### Science in Action

Plan out the photos you need before you go to the field

# "Science in Action" Checklist

- Researchers
- Highlights Field Site Features
- Techniques & Equipment
- Study Species
- Sense of Scale
- Multiple elements together
- Link yourself to your research









#### Object

Cell phone pics = OK

Keep distractions low

Think about composition





Study species

Technique

Animal is CALM

Guides the eye to text



Image for data analysis slide

Researchers

Field site underground, respirators needed

Clipboard shows data collection



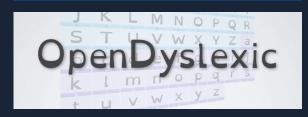
### Tools to improve your visual stories

- 1. Integrate accessible design from the start
- Big enough to be understood as a thumbnail
- Use accessible fonts and color combinations
- 4. Reduce demands on working memory
- 5. Guide the user's eye with visual hierarchy
- 6. Preplan your fieldwork photos



#### Resources









Web Accessibility Initiative <a href="https://www.w3.org/WAI/">https://www.w3.org/WAI/</a>

Free font for dyslexia <a href="https://opendyslexic.org/">https://opendyslexic.org/</a>

Color contrast checker <a href="https://colourcontrast.cc/">https://colourcontrast.cc/</a>

Color blindness simulator

https://www.color-blindness.com/coblis-color-blindness-simulator/

#### **Citations**

- K.N. Kunze et al., "Infographics are more effective at increasing social media attention in comparison with original research articles: an altmetrics-based analysis," Arthroscopy, 37(8):2591-7, 2021.
- 2. S. Huang et al., "The effect of an infographic promotion on research dissemination and readership: a randomized controlled trial," *CJEM*, 20(6):826-33, 2018.
- 3. A.M. Ibrahim et al., "Visual abstracts to disseminate research on social media: a prospective, case-control crossover study," *Ann Surg*, 266(6):e46-e48, 2017
- 4. Lee, P.-S., West, J. D., & Howe, B. (2018). Viziometrics: Analyzing Visual Information in the Scientific Literature. IEEE Transactions on Big Data, 4(1), 117–129.

  doi:10.1109/tbdata.2017.2689038
- 5. M. Smicklas, "The power of infographics," Pearson Education, 2012.
- 6. Houts, P. S., Doak, C. C., Doak, L. G., & Loscalzo, M. J. (2006). The role of pictures in improving health communication: A review of research on attention, comprehension, recall, and adherence. Patient Education and Counseling, 61(2), 173–190. doi:10.1016/j.pec.2005.05.004
- 7. Bobek, E., & Tversky, B. (2016). Creating visual explanations improves learning. Cognitive Research: Principles and Implications, 1(1). doi:10.1186/s41235-016-0031-6
- 8. Newman EJ, Garry M, Bernstein DM, Kantner J, Lindsay DS. Nonprobative photographs (or words) inflate truthiness. Psychon Bull Rev. 2012 Oct;19(5):969-74. doi: 10.3758/s13423-012-0292-0. PMID: 22869334.
- 9. Fenn E, Newman EJ, Pezdek K, Garry M. The effect of nonprobative photographs on truthiness persists over time. Acta Psychol (Amst). 2013 Sep;144(1):207-11. doi: 10.1016/j.actpsy.2013.06.004. Epub 2013 Jul 20. PMID: 23876251.
- 10. A. Pavio, K. Csapo, "Picture superiority in free recall: imagery or dual coding?" Cognit Psychol, 5(2):176–206, 1973.

#### Citations

- 11. R.E. Mayer, J.K. Gallini, "When is an illustration worth ten thousand words?" J Educ Psychol, 82(4): 715–726, 1973.
- 12. D. L. Nelson, V. S. Reed, and J. R. Walling. Pictorial superiority effect. Journal of Experimental Psychology: Human Learning and Memory, 2(5):523, 1976
- 13. Higdon KF, Neath I, Surprenant AM, Ensor TM. Distinctiveness, not dual coding, explains the picture-superiority effect. Q J Exp Psychol (Hove). 2024 Mar 13:17470218241235520. doi: 10.1177/17470218241235520. Epub ahead of print. PMID: 38360549.
- 14. Larson, K., Cheng, K., Chen, Y. and Rolandi, M., 2017. Proving the value of visual design in scientific communication. Information Design Journal, 23(1), pp.80-95.
- 15. Blackwell AG. <u>The Curb-Cut Effect</u>. *Stanford Social Innovation Review*, 2016. doi:10.48558/YVMS-CC96.
- 16. <u>The Legibility of Typefaces for Readers with Low Vision: A Research Review</u> Elizabeth Russell-Minda, Jeffrey W. Jutai, J. Graham Strong, Kent A. Campbell, Deborah Gold, Lisa Pretty, and Lesley Wilmot.
- 17. <u>The Effect of Font Type on Screen Readability by People with Dyslexia</u> LUZ RELLO and RICARDO BAEZA-YATES.
- 18. Van Merriënboer JJG, Sweller J. Cognitive load theory in health professional education: design principles and strategies. Med Educ 2010;44(1):85-93 <a href="https://doi.org/10.1111/j.1365-2923.2009.03498.x">https://doi.org/10.1111/j.1365-2923.2009.03498.x</a>
- 19. Moreno, R., & Mayer, R. E. (1999). Cognitive principles of multimedia learning: The role of modality and contiguity. Journal of Educational Psychology, 91(2), 358–368. <a href="https://doi.org/10.1037/0022-0663.91.2.358">https://doi.org/10.1037/0022-0663.91.2.358</a>
- 20. Mayer, R. E., Bove, W., Bryman, A., Mars, R., & Tapangco, L. (1996). When less is more: Meaningful learning from visual and verbal summaries of science textbook lessons. Journal of Educational Psychology, 88(1), 64–73. doi:10.1037/0022-0663.88.1.64

#### **Citations**

- 21. <a href="https://en.wikipedia.org/wiki/Stroop">https://en.wikipedia.org/wiki/Stroop</a> effect
- 22. https://doi.org/10.1111/cobi.14253

### Websites I shamelessly borrowed from

 https://www.sciencegraphicdesign.com/b log/creating-accessible-designs

 https://www.datylon.com/blog/datavisualization-for-colorblind-readers

https://visme.co/blog/visual-hierarchy/

